

# 5280 Synchro Board of Directors Meeting Minutes

Aug 24th, 2021 7:00 PM

## Virtual Meeting

### 1. Attendance:

Scott Thomas, Ella Reinstna, Wangda Zuo, Jamie Korngold, Becky Meitin, Wenyan Zou, Jeff Kerr-Layton

check-ins

clarification Wangda is not going to be a board member. Wenyan will represent them.

### 2. **Who is coming to CU Boulder from the National Team? Who is going to contact her? Suggest Jamie**

Ella chatted with her. She is a senior at CU. She was on the 13-15 national team for one year. She has been out of the sport for awhile. Becky and Ella have brainstormed having her as a sub-coach or working on lifts etc. and will speak with her on Thursday. She wants to work part-time.

If we have a CU student involved we have more clout and priority to getting pool time at CU.

### 3. Pool availability and Practice time

#### **For August: AG**

Where: Elks pool (dark after sunset, will see if flood light is enough)

When: 7-8:30pm, coach and swimmers arrive at 6:30pm to get ready, 6:30-7 land drill

Dates: August: 23, 25, 30; September: 1

Ella: Floodlights on the building were very helpful. Thank you to the parents.

I also have lights I can bring that would help. (Yes please bring them!)

Becky will ask girls if the floodlights give enough light in the pool. If not, we will address that.

Ella- AG practice will be starting at 6:30 so we can do land drills and learn routines. In the pool for 1.5 hours.

**Our current plan: proposed by Jeff second by Scott: voted yes by Wenyan, Jeff, Jamie and Scott**

**Elks:** Sept and Oct on M,W, Saturday

**SBRC:** Starting in Nov (the repair work is supposed to take one month and they are asking us to wait 2 months so they have time for things to go wrong.) We are taking the risk that SB might not open.

**CU:** Starting in November Friday and Sunday

2). Starting in November, we are moving to 4 practices a week for age group ideally (2 week day practices, 1 weekend team and 1 weekend day for smalls (originally was going to be M/W/F/Sunday.) What pools do we want for Friday nights and Sunday nights? Scott, what did CU say on those?

3). CU sounds promising for some, but is 4 too early to start practices? Won't swimmers still be in school or just getting off? On the latter hand, is 9 too late for our swimmers? I would think so.

4. Financial update from Wenyan

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## **Final Programs and schedule**

This part will be changed according our meeting:  
after discussion, update on our website:

Main issue: No practice on holidays, small clinic on BVSD no school days

**1. Free one day "Try Synchro" on September 8th: Free**

1hr each, at 5:30-6:30pm

Where: Elks

Time: 5:30-6:30

**2. One month "Intro to Synchro" on September: \$100/month**

1hr each, every Mon and Wed, at 5:00-6:00pm

September: 8, 13, 15, 20, 22, 27, 29

Where: Elks

Time: 5-6pm

**3. Novice from September to December: \$120/month**

1.5hrs each, every Mon and Wed, at 5:00-6:30pm

September: 8, 13, 15, 20, 22, 27, 29

October: 4, 6, 11, 13, 20, 25, 27

November: 1, 3, 8, 10, 15, 17, 29

December: 1, 6, 8, 13, 15

**4. Novice next season from January to May (2022, discuss later)**

1.5hrs each, every Mon and Wed, at 5:00-6:30pm

January: 10, 12, 17\*, 19, 24, 26, 31 (should we have practice on 1/17, MLK day?)

February: 2, 7\*, 9, 14, 16, 21\*, 23, 28 (2/7 is no school day, 2/21 is presidents' Day, should we have practice?)

March: 2, 7, 9, 14, 16

April: 4, 6, 11, 13, 18, 20, 25\*, 27 (no school day, parent teacher conference, should we have practice?)

May: 2, 4, 9, 11, 16, 18, 23, 25 (no practice on 5/30 Memorial Day)

**5. Intermediate one season from September to May: \$200**

2hrs each, every Mon and Wed, at 5-5:30 on land 5:30-7pm

September: 8, 13, 15, 20, 22, 27, 29

October: 4, 6, 11, 13, 20, 25, 27

November: 1, 3, 8, 10, 15, 17, 29\*

December: 1, 6, 8, 13, 15

January: 10, 12, 17\*, 19, 24, 26, 31 (should we have practice on 1/17, MLK day?)

February: 2, 7\*, 9, 14, 16, 21\*, 23, 28 (2/7 is no school day, 2/21 is presidents' Day, should we have practice?)

March: 2, 7, 9, 14, 16

April: 4, 6, 11, 13, 18, 20, 25\*, 27 (no school day, parent teacher conference, should we have practice?)

May: 2, 4, 9, 11, 16, 18, 23, 25 (no practice on 5/30 Memorial Day)

## 6. AG one season: including training before competing on JO.

No practice on holidays, small clinic on BVSD no school days

2hrs 6:30-8:30@Elks pool

August: 23, 25, 30

September: 1

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2.5hrs, 5:30-8:00pm, 5:30-6:00 Land, 6:00-8:00 Water,  
every Mon and Wed \$300

3hrs, 9-12 every Saturday in September and October.

November to May, switch to Sunday afternoon.

September: 8, 11, 13, 15, 18, 20, 22, 25, 27, 29 (7 week days, 3 Saturdays)

October: 2, 4, 6, 9, 11, 13, 16, 18, 20, 23, 25, 27, 30 (8 week days, 5 Saturdays)

November: 1, 3, 7, 8, 10, 14, 15, 17, 29 (7 week days, 2 Sundays)

December: 1, 5, 6, 8, 12, 13, 15, 27, 29 (7 week days, 2 Sundays)

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January: 9, 10, 12, 19, 23, 24, 26, 30, 31

February: 2, 6, 7\*, 9, 13, 14, 16, 20, 23, 27, 28 (2/7 is no school day)

March: 2, 6, 7, 9, 13, 14, 16, 20\* (the Sunday before spring break)

April: 3, 4, 6, 10, 11, 13, 17, 18, 20, 24\*, 25\*, 27 (no school day, long weekend, 22-25)

May: 2, 4, 8, 9, 11, 15, 16, 18, 22, 23, 25, 29\* (the Sunday before Memorial Day)

June: 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25

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## **For September & October: (thanks to Coach Ella)**

- Mondays and Wednesdays, Saturday:

- Elks: MW 5-8pm, Sat 9-10 on land and 10-12 in pool
- CU: Not available.
- NBRC: Not available.
- SBRC: Not available.

- Tuesdays and Thursdays:

- Elks: ? Have yet to hear from Rob
- CU: 4-6 or 7-9 with 1 hour before or after in any workout room for land workouts.
- NBRC: 5-8 with 3 lanes, \$13per lane, 3 lanes, 9/8-10/27
- SBRC: Closed through September at least.

- Saturdays:

- Elks: My understanding is yes, just have to tack down exact times in range of 9-12
- CU: Flexibility on weekends, could potentially get big diving well again like past years.
- NBRC: ? Do not believe we asked or got confirmation
- SBRC: ? Depends on pool repairment

**For November to April** (remembering we would have to re request pool time with most pools each quarter still)

- Elks: No longer an option due to being an outdoor pool? Guessing will not be open like last year or that we would not want this?
- CU: same as above
- NBRC & SBRC: Tuesdays and Thursdays but would have to start water time at 6:30pm due to Fairview high swim teams.